

# Student Development & Services



**NIPISSING**  
UNIVERSITY

# Services

- Student Learning and Transitions
- Residence Life
- Off Campus Living
- Access and Belonging
- Student Accessibility Services
- Mental Health and Wellbeing

# Mission

Student Development and Services (SDS) engage Lakers in holistic and individualized learning and development opportunities through a dynamic network of services to achieve personal and academic excellence.



# Values

## Respect

We are committed to empowering all members of the Laker community by treating them with dignity and celebrating individual experiences and contributions, while promoting a safe and positive environment for living and learning.

## Collaborative Relationships

We develop collaborative relationships and effective partnerships both internally and externally, allowing us to explore broader skills and wider perspectives by combining the knowledge, creativity, and experience of others.

## Continuous Improvement

We embody an attitude of ongoing improvement and development towards excellence.

## Culture of Learning

We promote individual, personal and professional growth through integrated learning opportunities and the ongoing process of knowledge development and sharing.

## Integrity

We respect honesty and confidentiality, and we are transparent in our decision making.

## Excellence

We aim to exceed the expectations of our stakeholders through our commitment to high quality and excellence in all that we do.

# Student Learning and Transitions

Student Learning and Transitions (SLT) enhances the student experience through learning and development opportunities that support students' academic and personal success from orientation to graduation. These services may be provided through one-on-one consultations, group workshops or tutorials, peer-to-peer support and tutoring, or referral services. SLT's transition programs seek to ease the multiple transitions that occur throughout a student's post-secondary experience, including facilitated programs, campus activities, and events that promote academic and social integration into the Nipissing University Lakers' community.

Our services include:

- Academic Skills Programming
- Academic Success Program
- Career Development
- Peer Mentorship
- Orientation Programming
- Peer Tutoring
- Record of Student Development
- Mature and Transfer Student Support

[slt@nipissingu.ca](mailto:slt@nipissingu.ca)

[\(705\) 474-3450 ext. 4459](tel:(705)474-3450)

[www.nipissingu.ca/slt](http://www.nipissingu.ca/slt)

# Residence Life

Residence Life at Nipissing University strives to build a sense of community that facilitates the personal growth and academic development of students. Professional and student staff members are trained to offer residents support and to lend a hand with anything from roommate issues to emergencies. Residence Life community student leaders work together to plan fun and educational activities that promote the interests and welfare of our students; there are hundreds of activities for students to get involved in!

[residence@nipissingu.ca](mailto:residence@nipissingu.ca)

[www.nipissingu.ca/residence](http://www.nipissingu.ca/residence)

# Off Campus Living

Off Campus Living (OCL) supports Nipissing University students who are considering living or currently living off campus through educational content, digital resources, workshops, and support connecting with local rentals through our partner services: [places4students.com](http://places4students.com) & [SpacesShared.ca](http://SpacesShared.ca).

[offcampusliving@nipissingu.ca](mailto:offcampusliving@nipissingu.ca)

[www.ocl.nipissingu.ca](http://www.ocl.nipissingu.ca)

# Access and Belonging

Access and Belonging reflects Nipissing University's commitment to equity and inclusion. It offers a range of support services, including the Student Support Navigator, the Student Experience Coordinator - Access and Belonging, the International Student Support team, and the Sexual Violence Prevention and Education team, to foster a campus where everyone feels valued, supported, and connected. The department also features the Care and Connect space - a welcoming space for conversation and access to essentials like food and hygiene items, ensuring that students have what they need to thrive both personally and academically.

Access and Belonging - [belonging@nipissingu.ca](mailto:belonging@nipissingu.ca)

International Student Support - [internationalsupport@nipissingu.ca](mailto:internationalsupport@nipissingu.ca)

Sexual Violence Support and Resources - [svsupport@nipissingu.ca](mailto:svsupport@nipissingu.ca)

Sexual Violence Prevention, Education and Outreach - [consentbelongshere@nipissingu.ca](mailto:consentbelongshere@nipissingu.ca)

Webpage: [nipissingu.ca/access-and-belonging](http://nipissingu.ca/access-and-belonging)

# Student Accessibility Services

Student Accessibility Services assists full-time and part-time students with permanent or temporary disabilities. We prepare individualized academic accommodations and supports based on the specific information provided in an eligible student's disability-related documentation. Student Accessibility Services staff would be pleased to discuss programs and support services available to make your university education a productive and rewarding experience.

[sas@nipissingu.ca](mailto:sas@nipissingu.ca)

(705) 474-3450 ext. 4362

[www.nipissingu.ca/sas](http://www.nipissingu.ca/sas)

# Mental Health and Wellbeing

Mental Health & Wellbeing works to support all students in achieving positive mental and emotional wellness. We provide a variety of effective and professional service options so that students can receive support that is personalized to their needs, preferences, and ability to participate.

## Counselling Support

Students have access to flexible options to suit their needs, including drop-in same-day counselling to address what's important today, brief individual therapy, group therapy, and counsellor assisted e-support, where students can work independently on their mental health concerns with some virtual or telephone coaching. BIPOC counselling support is also available, with students having the option of choosing a racialized counsellor for individual counselling during their registration with Mental Health & Wellbeing.

## Peer Support

Peer support is a peer-led service where students can connect with students who have been through potentially similar experiences. Peer Support builds authentic relationships, provides encouragement, fosters hope, and supports students in their journey towards wellness and recovery.

## Student Intervention Services

Student Intervention Specialists provide case management support to students with complex concerns, who may be experiencing difficulty with areas such as accessing support and/or requiring referral to appropriate services; requiring collaboration within their current support services; or needing assistance transitioning to or from the University (e.g., after hospital admission, registering again after withdrawing for mental health reasons). Student Intervention Specialists also act as a resource for faculty and staff through education and training on how to recognize, respond to, and refer students in distress.

## Dibaadan

This program provides specialized outreach, prevention, and intervention from an Indigenous wellness perspective. Supports include one-to-one or drop-in meetings with the Dibaadan Wellness Coordinator to learn and engage with wholistic wellness practices that follow an Indigenous approach, as well as drop-in smudge and trail walks. Any student (status, non-status, non-Indigenous) may access these services.

## Wellness Promotion & Self-Directed Support

NU Listens is a campus-wide outreach and prevention program focused on promoting students' mental health and wellbeing. The program aims to increase understanding of mental and emotional challenges that students may face, while increasing knowledge of available support services.

To connect to services or to learn more:

[mhwellbeing@nipissingu.ca](mailto:mhwellbeing@nipissingu.ca)

(705) 474-3450 ext. 4507

[www.nipissingu.ca/mhwellbeing](http://www.nipissingu.ca/mhwellbeing)



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