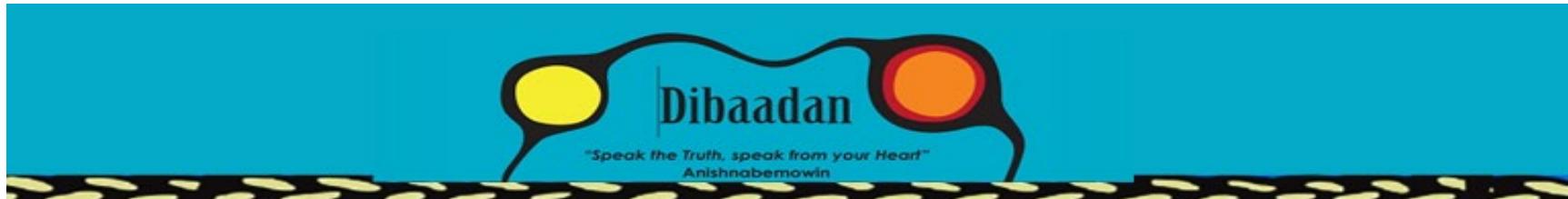


Mnido Giizis: Spirit Moon

January 2026

Opawahcikanasis: Frost Exploding Moon



Monday	Tuesday	Wednesday	Thursday	Friday
5 Welcome Back, Students! Breakfast in Oll hosted by Indigenous Student Success	6	7 Drop in Smudge 9 am to 10 am F215 Echoes in the Tipi with Caitlin from 2 pm to 4 pm	8 Mino Bimaadziwin Drop-in 1130am to 1 pm at F215	9 No programming today
12 Aaniish naa visits bookable online (virtual only)	13 No programming today	14 Drop in Smudge 9 am to 930am F215 Welcome Back, Students! Breakfast in Oll hosted by IFP	15 No programming today	16 Trail Walks 11am to 12pm meet at F215 BCSL Monthly Sharing Circle with Noodin in TLC at 1:30 pm to 2:30 pm Aaniish naa visits bookable online
19 Aaniish naa visits bookable online (virtual only) MENtal Strength Panel Discussion 12-2pm in Small Caf	20 Trail Walks 10am to 11am meet at F215 Norm Dokis Learning Series@11am in F215	21 Drop in Smudge 9 am to 10 am F215 Anishinaabe Bingo 5 pm to 7 pm at F215	22 Mino Bimaadziwin Drop-in 11:30 am to 1 pm at F215 Echoes in the Tipi with Caitlin from 2pm to 4pm	23 Trail Walks 11am to 12pm meet at F215 Aaniish naa visits bookable online
26 Aaniish naa visits bookable online (virtual only)	27 Trail Walks 11am to 12pm meet at F215	28 Drop in Smudge 9 am to 10 am F215 Medicine Bag Workshop 1 pm to 4 pm in F214	29 Mino Bimaadziwin Drop-in 11:30 am to 1 pm at F215 Echoes in the Tipi with Caitlin from 2pm to 4pm	30 Trail Walks 11am to 12pm meet at F215 Aaniish naa visits bookable online

Mnido Giizis: Spirit Moon



Dibaadan Services



Dibaadan Outreach programming



Office of Indigenous Programming

January 2026

Opawahcikanasis: Frost Exploding Moon



Mental Health and Wellbeing Outreach