





August 2024

Monday Virtual	Tuesday	Wednesday	Thursday	Friday
		Email mhwellbing@nipissingu.ca or visit www.nipissingu.ca/dibaadan for more information	1	2 
5 Stat Holiday University Closure	6 Aaniish naa visits: Meet with the Dibaadan Wellness Coordinator (DWC) for Wholistic Wellness Planning	7 Drop-in Smudge 9 to 930am B210-J	8 Trail Walk 12 to 1pm Meet in F215	9 Drop-in Smudge 9 to 930am B210-J Mino bimaadziwin Drop-In 11:30am to 1pm B210-J
12 	13	14 No Dibaadan Programming this week!	15	16
19 Aaniish naa visits available this week	20	21 Drop-in Smudge 9 to 930am B210-J	22 Trail Walk 12 to 1pm Meet in F215	23 Drop-in Smudge 9 to 930am B210-J Mino bimaadziwin Drop-In 11:30am to 1pm B210-J
26 Aaniish naa visits available this week	27 	28 Drop-in Smudge 9 to 930am B210-J Mino bimaadziwin Drop-In 12:05 to 1pm F215	29 Trail Walk 12 to 1pm Meet in F215 Find the bunch berries! →	30 