

Nipissing University
POSITION DESCRIPTION

POSITION TITLE:	Athletic Therapist
DEPARTMENT:	Athletics
CLASSIFICATION:	Coordinator C
WAGE GRADE:	WG 70
EMPLOYMENT DEFINITION (STATUS):	Full-time Support
SUPERVISOR:	Director, Athletics

SUMMARY OF FUNCTIONS:

Reporting to the Director, Athletics, and working in conjunction with various coaching and athletic therapy staff, the Athletic Therapist is responsible for the prevention, immediate care and rehabilitation of all musculoskeletal injuries sustained by varsity/club athletes competing for Nipissing University. The Athletic Therapist will advise staff and athletes regarding injury prevention, proper care and treatment of injuries, including arranging referrals to appropriate health care providers. The Athletic Therapist will administer pre-season condition screening for all varsity athletes, coordinate and/or provide initial on-site injury assessment and assist in designing the treatment plan for the safe return to athletic competition. A flexible work schedule will be required since the Athletic Therapist will be required to attend practices, home games and maintain clinic hours.

The current sport involvement includes: soccer, cross country running, volleyball, Nordic skiing, hockey, basketball, rowing, men's lacrosse and club sports.

DUTIES & RESPONSIBILITIES:

On-Field Care **(80%)**

- Advise coaching staff and athletes regarding injury prevention and strength and conditioning programs
- Prepare athletes for games and/or practices which includes warm-up, taping and stretching
- Provide on-field immediate care during and post all varsity home games and practices
- Provide assessment and treatment of musculoskeletal injuries
- Provide preventative care of musculoskeletal injuries
- Make 'return-to-play' decisions for athletes, in consultation with appropriate medical staff (physician) and coaching staff
- Perform safety checks of the field and equipment
- Perform impact and SCAT3 baseline testing prior to the start of the season

Clinic Responsibilities **(15%)**

- Record and document all injuries sustained and treatments performed
- Maintain complete and accurate documents of all assessments and rehabilitation plans for varsity athletes in a confidential manner and in accordance with the Health Information Protection Act and the Standards of the Canadian Athletic Therapist Association
- Maintain inventory, ordering all medical supplies for varsity medical first aid kits and clinic supplies
- Perform daily cleaning and maintenance of treatment room, including laundry and cleaning treatment tables
- Assess and provide recommendation of new techniques and equipment

Student Learning

(5%)

- Provide education and seminars to all varsity athletes according to the standards set out by the Ontario University Athletics (OUA), U Sports and Canadian Centre for Ethics in Sport
- Liaise with the School of Physical and Health Education
- Provide education and coordination to BPHE students and other student volunteers who are working with the athletes
- Provide guidance to the BPHE student trainers

Other duties as assigned

QUALIFICATIONS:

Education: A university degree in Athletic Therapy, Kinesiology, or a closely related field is required.

Training and/or experience may be substituted for formal academic training at the discretion of the University.

Training, Experience, Knowledge & Skills Required:

- Two years of relevant experience working with sports teams
- Certification as an Athletic Therapist with CAT(C) is required
- Valid First Responder certification is required
- Must be in good standing with CATA
- Must receive a negative Criminal Record Check/Vulnerable Sector Check (i.e. have not been convicted of a criminal offence for which a pardon has not yet been granted).
- Broad knowledge and intensive understanding of university sport and recreational programming
- Familiarity with the standards on medications and supplements to ensure compliance by athletes
- Excellent oral and written communication skills
- Ability to deal courteously and effectively with all people
- Excellent time management and problem solving skills

RELATIONSHIPS/CONTACTS:

Supervised by: Director, Athletics

Internal Contacts: Athletes and coaches, students, faculty, staff

External Contacts:

- University Coaches
- User Groups (i.e. athletics)
- Representatives of other agencies and organizations
- OUA (Ontario Universities Athletics)
- U Sports
- Parents
- Prospective Students
- Medical Practitioners
- Medical Supply Agencies
- Professional Associations and Sport Organizations

MATERIALS UTILIZED:

- All current standard office equipment (computer, telephone, fax, printers, world wide web, etc.)
- First Aid Equipment and materials
- Taping and wrapping materials
- Cleaning supplies
- Therapeutic modalities

PHYSICAL/MENTAL DEMANDS & WORKING CONDITIONS:

- Moderate exertion
- Flexible work schedule is required in order to be available for varsity games occur in evening, noon hour and on weekend work.
- Some travel to away varsity games.

I have read my position description and it has been reviewed with my supervisor. I understand what my duties and functions are, and I will carry out all of my responsibilities as herein described.

Employee Name (Please Print)

Date

Employee Signature

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Approvals

Supervisor

Date

Human Resources

Date