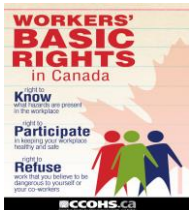


NU Monthly Safety Newsletter

December 2023

Rights of workers

1. The right to know about health and safety matters.
2. The right to participate in decisions that could affect their health and safety.
3. The right to refuse work that could affect their health and safety and that of others.



Tips to prevent Slip, Trip and Fall at work:

- Pay attention to your surroundings.
- Adjust your stride to a pace that is suitable for the walking surface and the tasks you are doing.
- Walk with your feet pointed slightly outward.
- Make wide turns at corners.
- Keep walking area clear from clutter or obstructions
- Make sure that things you are carrying or pushing do not prevent you from seeing any obstructions, spills etc.

SLIPS, TRIPS & FALLS

Prevent accidents



1. Create Good Housekeeping Practices
2. Eliminate Wet or Slippery Surfaces
3. Remove Obstacles from Aisles and Walkways
4. Create and Maintain Proper Lighting
5. Wear Proper Shoes
6. Be Alert, Don't Take Shortcuts

THINK SAFETY

Causes of Slips, Trips and Fall:

- Wet or oily surfaces.
- Spills.
- Weather hazards.
- Lack of proper footwear.
- Obstructed View or clutter in your way.
- Wrinkled carpeting.
- Uneven Walking Surfaces.

Main Causes of Inside Slips and Falls

- | | |
|---------------------------------|----------------------|
| ☞ Flooring Type | ☞ Poor Lighting |
| ☞ Floor Condition and Materials | ☞ Footwear Type |
| ☞ Change in Elevations | ☞ Lack of Signage |
| ☞ Slippery or Unclean Surface | ☞ Being in a "Hurry" |
| ☞ Cords or objects | ☞ Inattention |
| ☞ Loose Mats | |

