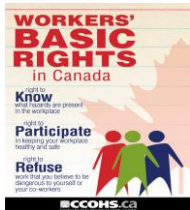


# NU Monthly Safety Newsletter

December 2022

## Rights of workers

1. The right to know about health and safety matters.
2. The right to participate in decisions that could affect their health and safety.
3. The right to refuse work that could affect their health and safety and that of others.



## Ways to prevent Unsafe Winter Driving:

- Do not use your phone while driving
- Prepare before getting behind the wheel
- Do not drive drowsy
- Ensure your vehicle is well maintained
- Avoid loud conversations, music and backseat drivers

## Things to keep in your vehicle:

- Road maps
- Ice scraper and snow brush
- Flashlight
- First aid Kit
- Blanket (Special survival blankets are best)
- Fire extinguisher
- Extra windshield washer fluid



## Tips on Safe winter driving:

- Ensure your vehicle is ready for winter in the fall
- Install four matching winter tires
- Pack an emergency Kit
- Learn and practice winter driving skills before you need them
- Remove all snow from your vehicle before each trip
- Avoid using cruise control on slippery roads
- Travel with a fully charged phone
- Always check weather conditions
- Slow down and wear your seat belt

