

Success In Hockey, School & Life

A Conversation with Sport Parents Karl Subban and Angie Abdou

Join us for a **FREE** information session and conversation...

Nipissing University
Thursday, September 26, 2019
7:00pm - Reading Room of the Nipissing Library

Karl Subban



Karl Subban is a former school principal in one of Toronto's toughest neighbourhoods, and the father of five children, including two NHL players.

He's dedicated his life to helping others reach their potential—to be better at their careers, and as people. In his gregarious, powerful talks—and in his brand-new memoir, *How We Did It*—he explores teamwork and leadership and offers a fresh take on what it means to succeed.

Angie Abdou



Angie Abdou is a Canadian author who has published seven books. Chatelaine magazine named Angie's most recent novel, "*In Case I Go*", one of the most-riveting mysteries of 2017, and The Vancouver Sun called it a "spectacularly successful" novel.

In her memoir, "*Home Ice: Reflections of a Reluctant Hockey Mom*" chronicles the year in the life of a busy sport family and is a must-read for parents with youngsters in organized sport.

Angie is an Associate Professor at Athabasca University.



For more information, please contact Sport North Bay "Your Local Sport Council"

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