

Tips for managing your iPhone data usage

1. Ensure you use the available secure Wi-Fi whenever possible (e.g. on campus, at home)
2. Monitor or disable data hungry apps – what is using your data?

Go to Settings, select Cellular and then look through the CELLULAR DATA section. You can track cellular use, use Reset Statistics at the bottom of the screen to align with your billing cycle, and turn off cellular data for your various apps.

3. Turn off Autoplay

Reconfigure social media apps (Facebook, Twitter, Instagram, Snapchat) to reduce data use by turning off Autoplay or setting the app to Autoplay only when connected to Wi-Fi. Each app has numerous settings to help reduce data usage.

4. Turn off Wi-Fi Assist and iCloud Cellular access

Go to Settings, select Cellular, scrolling down below the CELLULAR DATA list to Wi-Fi Assist and iCloud Drive and toggle both off.

5. Turn off Background App Refresh

Going to Settings, General, Background App Refresh, set this to Off or Wi-Fi.

6. Turn off the use of cellular data for automatic downloads

Go to Settings, scroll down to iTunes & App Store, toggle off Use Cellular Data

7. Manage your Fetch New Data settings when travelling out of country

Go to Settings, Passwords & Accounts, Fetch New Data, toggle off the Push option or use the Manual option on select accounts.

8. Do more offline

Most apps offer offline options to; read articles and newspapers (Pocket, Instapaper), use navigation maps offline (Google Maps), watch videos (Netflix).

9. Turn off cellular data use

Use Airplane mode (Settings or swipe up) or go to Settings, select Cellular Data at the top and toggle it off.