

safeTALK

LEARN TO RECOGNIZE PEOPLE WHO HAVE THOUGHTS OF SUICIDE AND REFER THEM TO SOMEONE WHO IS TRAINED TO DO A SUICIDE INTERVENTION. COURSE IS 3 HOURS IN LENGTH.

DATES OFFERED: **SEPTEMBER 22ND 9:00 AM - 12:00 PM**
OCTOBER 6TH 1:00 PM - 4:00 PM
NOVEMBER 20TH 1:00 PM - 4:00 PM
JANUARY 29TH 9:00 AM - 12:00 PM

Tattered Teddies

THIS WORKSHOP PROVIDES INFORMATION AND OFFERS PRACTICAL APPROACHES FOR THOSE WORKING WITH CHILDREN WHO ARE AGE 12 OR YOUNGER AND WHO MAY BE AT RISK OF SUICIDE. COURSE IS 3.5 HOURS IN LENGTH.

DATES OFFERED: **OCTOBER 2ND 1:00 PM - 4:30 PM**
MARCH 26TH 1:00 - 4:30 PM

Mental Health First Aid - Adults who Interact with Youth

FOCUSES ON MENTAL HEALTH PROBLEMS AND FIRST AID FOR YOUTH AGES 12 - 24. TOPICS INCLUDE: MENTAL HEALTH PROBLEMS AND STIGMA, SUBSTANCE RELATED DISORDERS, MOOD DISORDERS, ANXIETY AND TRAUMA RELATED DISORDERS, EATING DISORDERS AND PSYCHOTIC DISORDERS. COURSE IS 2 DAYS IN DURATION.

DATES OFFERED: **NOVEMBER 4TH AND 5TH 9:00 AM - 4:00 PM**
JANUARY 27TH AND 28TH 9:00 AM - 4:00 PM
MARCH 24TH AND 25TH 9:00 AM - 4:00 PM

